

Covid-19 Related Absence : Quick Reference Guide

What if...	Action Needed	Return To academy...
...my child has Covid-19 symptoms?	<ul style="list-style-type: none"> ● Do not come to academy ● Contact the Academy and Personal Coach and then on a daily basis ● Self-isolate ● Get a Covid-19 test ● Inform us immediately of your child's test results and if possible send in a copy 	...if the Covid-19 test comes back negative
...my child tests positive for Covid-19?	<ul style="list-style-type: none"> ● Do not come into the Academy ● Contact your Personal Coach immediately and then on a daily basis ● Self-isolate for at least 10 days (10 calendar days and NOT 10 academy days) 	...after 10 days self-isolation IF your child feels better.
...somebody in my child's household has Covid-19 symptoms?	<ul style="list-style-type: none"> ● Do not come to academy ● Contact the Academy immediately and then on a daily basis ● Household member to get a Covid-19 test ● Self-isolate for at least 14 days (14 calendar days and NOT 14 academy days) 	...the household member's Covid-19 test is negative
...somebody in my child's household tests positive for Covid-19?	<ul style="list-style-type: none"> ● Do not come to academy ● Contact the Academy and Personal coach on a daily basis ● Self-isolate for at least 14 days (14 calendar days and NOT 14 academy days) 	...when your child has completed 14 days of self-isolation
...NHS Test And Trace identify my child as a 'close contact' of somebody with symptoms of OR a confirmed case of Covid-19?	<ul style="list-style-type: none"> ● Do not come to academy ● Contact the Academy and Personal Coach on a daily basis ● Self-isolate for at least 14 days (14 calendar days and NOT 14 academy days) 	...when your child has completed 14 days of self-isolation
...as a family we have a holiday booked to an overseas destination?	<ul style="list-style-type: none"> ● Consider quarantine requirements and Foreign and Commonwealth Office advice BEFORE travelling ● Submit a Leave Of Absence Form to the academy at least 2 weeks in advance of your travel date 	

<p>...my child has travelled abroad and has to self-isolate as part of a period of quarantine?</p>	<ul style="list-style-type: none"> ● Do not come to academy ● Contact the Academy and Personal Coach on a daily basis ● Self-isolate for at least 14 days (14 calendar days and NOT 14 academy days) 	<p>...when your child has completed 14 days of self-isolation</p>
<p>...we have received medical advice that my child must shield due to being in a high-risk group for Covid-19?</p>	<ul style="list-style-type: none"> ● Do not come to academy ● Contact your child's personal Coach to discuss 	<p>...when shielding is no longer needed</p>