

Through Personal, Social, Health and Economic Education we support students to develop the knowledge, skills and attributes necessary to manage their lives independently, focusing on personal health and safety as well as living in the wider world, with a specific focus on topics that are prevalent in the lives of our students such as knife crime and drug and alcohol misuse.

Through our PSHE curriculum we hope to support and guide our students to give them the knowledge and understanding to confidently make informed and educated decisions that enable them to navigate the challenges of daily life safely and appropriately.

Topics fall under two key categories: Health & Wellness and Living In The Wider World, while also being supplemented by our Relationship & Sex Education curriculum. These are further distributed throughout the academic year to ensure we call back to previous lessons and reinforce prior learning.

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| PSHE - Half Term 1 | PSHE - Half Term 2 | PSHE - Half Term 3 |
| Dealing with Change Exam Stress | Sleep | Physical & Mental Wellbeing Gang Crime |
| PSHE - Half Term 4 | PSHE - Half Term 5 | PSHE - Half Term 6 |
| Knife Crimes | Internet Citizenship First Aid | Smoking |