

Our Relationship and Sex Education curriculum provides lifelong learning in regard to, physical, sexual, moral and emotional development. It involves acquiring knowledge and information, developing personal skills and forming positive beliefs, values and attitudes. It is about the understanding of the importance of stable and loving relationships, respect, love and care, for family and for life.

Through our RSE curriculums we hope to support and guide our students to give them the knowledge and understanding to confidently make informed and educated decisions that enable them to navigate the challenges of adulthood and relationships.

Statutory RSE aims to:

Help young people to flourish

Support wellbeing and attainment

Help young people become successful and happy adults who making meaningful contributions to society

RSE - Half Term 1	RSE - Half Term 2	RSE - Half Term 3
Sexual Harassment Forming Positive Relationships	Breast Cancer/Testicular Cancer Sex education - C cards Body Image/Self Esteem Drugs/Alcohol	Bullying & Cyberbullying Family/Relationships
RSE - Half Term 4	RSE - Half Term 5	RSE - Half Term 6
Mental Health/Self Harm Online Stress/FOMO Unhelpful Thoughts	STIs Consent	Puberty Masculinity/Femininity Building Connections Social Media