

Our Relationship and Sex Education curriculum provides lifelong learning in regard to, physical, sexual, moral and emotional development. It involves acquiring knowledge and information, developing personal skills and forming positive beliefs, values and attitudes. It is about the understanding of the importance of stable and loving relationships, respect, love and care, for family and for life.

Through our RSE curriculums we hope to support and guide our students to give them the knowledge and understanding to confidently make informed and educated decisions that enable them to navigate the challenges of adulthood and relationships.

Statutory RSE aims to:

Help young people to flourish

Support wellbeing and attainment

Help young people become successful and happy adults who making meaningful contributions to society

RSHE 2023-2024		
	KS3	KS4
Half Term 1	Welcome/Assessment	
	Positive Friendships Introduction lesson	Same Sex and LGBT+ Relationships
	Love, Positive + Safe Relationships lessons	Types of Committed Relationships
	Bullying Online + Offline inc.	Sexism and Gender Prejudice
	Tolerance + Anti-Racism lessons	Harassment + Stalking
Half Term 2	Cyberbullying + Trolling	Parenting + Families
	Personal Identity + Diversity lessons	Radicalisation Online
	Safe Sex Unit – Consent	Gender and Transgender Identity
	Keeping Good Friendships	Conflict Management
	Contraception	Fertility, STIs, Menopause, Reproductive Health
Half Term 3	<i>Questionnaire</i>	
	Extremism + Radicalisation Extremism + Radicalisation	Forced + Arranged Marriages
	STIs + Sexual Health	Unsafe Sex
	Pornography	Revenge Porn
	Sexting + Body Image	Relationship Break-Ups

Half Term 4	Social Media - Safe and Private	Internet Safety – Online Dangers + Predators
	Puberty	Pregnancy + Childcare
	Abusive Relationships	Consent + Sexual Abuse
	Prejudice & Stereotypes: Disability	Relationships with Role Models
	Keeping Good Friendships	Happiness & Positivity
Half Term 5	Who are the LGBTQ+?	Risk Taking & Decision Making
	Child Sexual Exploitation	Good Sex/Waiting for Sex
	Peer Pressure Unit: Bullying	Bullying + Body Shaming
	Female Genital Mutilation	Grief & Bereavement
	Body Image + the Media – (unit includes Eating Disorders lesson)	<i>Intervention</i>
Half Term 6	Internet Safety – Online Dangers + Predators	
	Image Sharing	
	Relationships with Role Models	
	Falling In Love	
	Body Image - Male Focus	
	Body Image Female Focus	