

PSHE, SMSC and RSHE Curriculum Statement 2025-2026

At Stone Soup Academy, Personal, Social, Health and Economic Education (PSHE), Social, Moral, Spiritual and Cultural (SMSC) and Relationships, Sex and Health Education (RSHE) are intrinsically tied into our ethos of “creating unimagined futures.” They fall under the remit of Personal Development and so, in turn, link in with our 5 Principles of Personal Development; Character, Equality & Diversity, Wellbeing & Community and Cultural Capital (below). PSHE, SMSC and RSHE is implemented in all areas of the Academy, and is cross-curricular in its aim and impact. It features in all curriculum lessons, whilst also being given a dedicated weekly slot as part of our wider curriculum offer.



Our PSHE, SMSC and RSHE curriculum is bespoke and relevant to the needs of our students. It aims to challenge student preconceptions and encourages them to consider their place in the wider context of the world and how they fit into that as individuals. Students will learn about themselves as members of their communities with growing maturity, independence and power. Our goal is to provide our students with the tools and education to become healthy, independent and well adjusted members of the community.

For learners in Year 9 and Year 12, we have dedicated PSHE/RSHE lessons and our year 10 and 11 students are taught as part of form time throughout the week. All sessions are tailored to the needs of the students and the curriculum follows a thematic approach, with students being able to build upon their prior knowledge and learn new content alike.

They do this through the areas of focus, as outlined below.

KS3 and KS4	Autumn 1 Health & wellbeing	Autumn 2 Living in the wider world	Spring 1 Relationships	Spring 2 Health & wellbeing	Summer 1 Relationships	Summer 2 Living in the wider world
KS5	Autumn 1 Character	Autumn 2 Equality and Diversity	Spring 1 Careers & Employability	Spring 2 Wellbeing & Community	Summer 1 Cultural Capital	Summer 2 Intervention

NB: The order in which students follow the topics may be adjusted depending on the needs that arise throughout the year. For example; relationships may need to be introduced earlier in the year if we have an influx of new students who are struggling socially.

Our curriculum model and resources are predominantly provided by the PSHE association to ensure that all content is relevant, up to date and appropriate. We also may call upon outside agencies (PCSOs, CGL, Equation etc...) to offer additional sessions as and when needs arise.

Alongside this, and to ensure that our students are engaging in content outside of our local area, we use the Votes4Schools website package. Students are encouraged to engage in healthy discussions around pertinent topics and then submit a vote online, which feeds into national data and statistics, recording young people's opinions.

For more further, or more in depth information, please see our associated policies via our website.